

# Our theme this week is:



**Chosen One** 

# Peace be with you And with your spirit



We light our candle to remind us of Christ's presence with us as we gather

+ In the name of the Father ...

### Reflection

Today, we hear how something special happened to Jesus after his baptism. The Holy Spirit came down and rested on him. We are going to think about the Holy Spirit and how it can help us to do what is right.

## **Opening Prayer**

God of light, you sent the Spirit down upon your Son so that others might know who he was. Send your Spirit on us, so that we might spread your message of love and peace to others.



Amen.

Lord Jesus,

We are sorry for the times we haven't believed in you.

Lord, have mercy.

#### **LORD HAVE MERCY**

Christ Jesus,

We are sorry for the times we have forgotten how important and special you are.

Christ, have mercy.

#### **CHRIST HAVE MERCY**

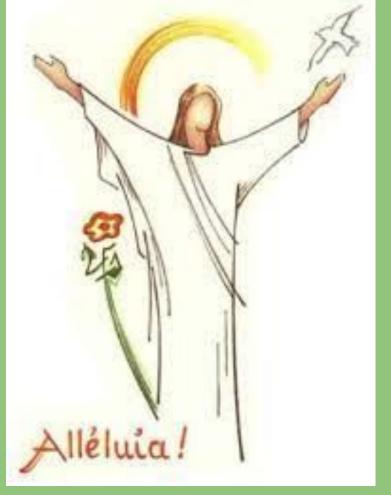
Lord Jesus,
We are sorry for the times our actions have upset others.

#### **LORD HAVE MERCY**



# Please *stand* while we listen to the Gospel.





# A reading from the Gospel according to John 1:29-34 Glory to you, O Lord



The next day, John saw Jesus coming to him, and said, "There is the Lamb of God, who takes away the sin of the world! This is the one I was talking about when I said, 'A man is coming after me, but he is greater than I am, because he existed before I was born.' I did not know who he would be, but I came baptising with water in order to make him known to the people of Israel."

And John gave this testimony: "I saw the Spirit come down like a dove from heaven and stay on him. I still did not know that he was the one, but God, who sent me to baptise with water, had said to me, 'You will see the Spirit come down and stay on a man; he is the one who baptises with the Holy Spirit.' I have seen it," said John, "and I tell you that he is the Son of God."

The Gospel of the Lord

Praise to you, Lord Jesus Christ

## Time to reflect on God's words for us today.



## What do you remember from the reading today?

John tells us how he saw the Holy Spirit come like a dove to rest on Jesus. Because of this John believed that Jesus was the Son of God.

A dove is one way that the Holy Spirit shows itself, but most of the time the Spirit is invisible. We cannot see it.

One way to think about the Holy Spirit is the wind. You cannot see the wind, but you can see the branches of the tree moving when the wind blows. Or you can see a windmill spinning round.

# Can you think of any other examples of when you can see the wind?

The wind can be very strong. The wind can also be very helpful.

Jesus asks us to love other people, to care for people who are sick and to bring good news to people who are poor. This is not always easy, especially when people are in different countries to us. But when we do these things, other people can see the Holy Spirit working through us, just as we can see the wind in the trees.

The Holy Spirit can help us to take care of the world that God has given to us.

### Can you think of ways that we can care for our World?

The Holy Spirit can help us to be kind and generous and brave and to work together with others to make the world a better place for all people.

Can you think of ways that we can do this?

#### **Bidding Prayers**

Today, we pray for world leaders: that they may use their power wisely so all of their people can live free from poverty.

Lord hear us. Lord graciously hear us.

This week, let us pray for people who are living in poverty throughout the world: that together with them we may never stop working for a fairer world and a future filled with hope.

Lord hear us. Lord graciously hear us.

We pray for our parish, families and friends: that we may be surprised to make a difference, to change our own lives and reach out to help others who are trying to change their lives too.

Lord hear us. Lord graciously hear us.



In the quiet of our hearts let's say our own prayer to God. We ask you Mother Mary to pray with us as we say:

Hail Mary, full of grace, the Lord is with thee,

blessed art thou among women and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Amen

## **Closing Prayer**

God of power, fill us with your Spirit and inspire us to make changes to our lives so that we can help others around the world.

### **Amen**

#### **Our faith in action**

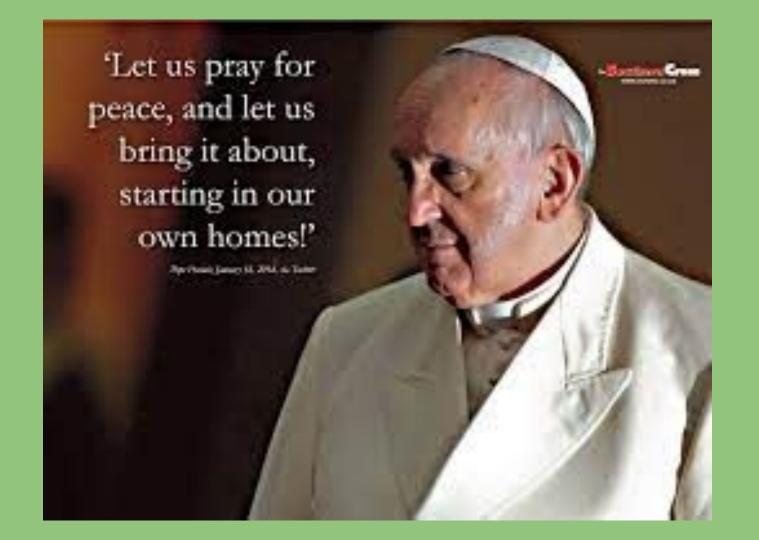
This week, let us show the Gospel Value of **Peace** and the Virtue of **Faith**.

#### We can show peace by:

- Resolving disagreements in a calm, mature way ensuring that everyone is satisfied with the solution.
- Moving around the school quietly and sensibly, especially when others are learning.

#### We can show faith by:

- Using our prayer spaces and prayer journals when we want to feel closer to God.
- Not giving up and having faith in our own abilities.



May God bless us with his mercy, strengthen us with his love, and enable us to walk in charity and peace.

THANKS BE TO GOD



