

## Our theme this week is:



# Be Happy

### Peace be with you And with your spirit



We light our candle to remind us of Christ's presence with us as we gather + In the name of the Father ...

## HERE I AM TO WORSHIP

#### Reflection

Today we hear about how Jesus went onto a mountain and taught his disciples. Jesus told them about the kind of person that makes him happy and who is blessed.

### **Opening Prayer**

God of love, you bless those people who are poor, sad, hungry, thirsty and hurt because they stand up for what they believe in. Help us to follow in your way.



#### Amen.

Lord Jesus, we are sorry for the times we have been selfish and only thought of ourselves. Lord, have mercy. LORD HAVE MERCY

Christ Jesus, we are sorry for the times when we have chosen to ignore your Word and make the wrong choices. Christ, have mercy.

CHRIST HAVE MERCY

Lord Jesus, we are sorry for the times we have not thought about the feelings of others. Lord, have mercy. LORD HAVE MERCY



# Please *stand* while we listen to the Gospel.





#### A reading from the Gospel according to Matthew 5:1-12a Glory to you, O Lord

Matthew 5, 1-12

Jesus went up on a mountain with his disciples and taught them, saying

Blessed are people who know they need God, for the Kingdom of Heaven belongs to them. Blessed are people who are sad now, for later God will comfort them. Blessed are the people who are humble, for God will give them everything. Blessed are people who worked for justice, for God will give them all they need. Blessed are people who give mercy to others, for God will have mercy on them.

Blessed are people who have hearts that are pure, for they will see God.

Blessed are people who make peace,

for they will be called children of God.

Blessed are people who suffer for doing what is right,

for the Kingdom of Heaven belongs to them.

And you are blessed when people hurt you and say bad things about you because you believe in me.

Be happy and glad, for God will reward you in heaven.

This is the Good News of the Lord.

#### Time to reflect on God's words for us today.



#### What do you remember from the reading today?

- Jesus teaches his disciples about the way he would like
- to be treated and how he sees some types of people as extra special. He says that they will be happy or blessed.

What kinds of people did Jesus say would be happy? And what will happen to them? Jesus tells us we will be truly blessed and happy when we are gentle, forgiving, work for peace and want to make the world a fairer place.

We are all part of one global family and we are called by God to care for the other members of that family, wherever they are in the world.

- Think about what we can do to help Jesus' words to come alive today.
- What could you do for someone who is sad?
- What could you do for someone who is hungry or thirsty?
- What could you do for people who are poor?
- What could you do for someone who is afraid to stand up for what they believe in?

By doing all those things we will be truly following Jesus.

# What will you do this week to help Jesus' words to come alive in our world?

#### **Bidding Prayers**

- The words of Jesus give us hope for a fairer world and so together we pray:
- We pray for world leaders: that they may work to bring about a world that is like Jesus' teachings. A world which is fair and where everyone has enough to live. Lord, in your mercy. **Hear our prayer.**
- We pray for all people who are poor, sad, hungry or in danger: that through our actions they may be happy on earth as well as in heaven and have hope for a better future. Lord, in your mercy. **Hear our prayer.**
- We pray for our parish, families and friends: that we may work together with others to follow Jesus' word, bringing comfort to those who are sad and helping make sure all people have enough to eat. Lord, in your mercy. **Hear our prayer.**



In the quiet of our hearts let's say our own prayer to God. We ask you Mother Mary to pray with us as we say:

Hail Mary, full of grace, the Lord is with thee, blessed art thou among women and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen

#### **Closing Prayer**

God of mercy, open our hearts to listen to what Jesus tells us. Help us to reach out to others who are poor, sad, or frightened and try to make their lives better.

#### Amen

#### **Our faith in action**



This week, let us show the Gospel Value of **Compassion** and the Virtue of **Justice**.

#### We can show Compassion by:

- Offering to help someone with a task.
- Being happy when someone in your class succeeds. <u>We can show **Justice** by:</u>
- Listening to the Sports Leaders and being fair when you play.
- If you see something happening that you know is wrong, tell an adult.



Spread love everywhere you go. Let no one ever come to you without leaving happier.

— Mother Teresa —

AZQUOTES

May God bless us with his mercy, strengthen us with his love, and enable us to walk in charity and peace.

#### THANKS BE TO GOD



